

Energy: The energy of Governing SoleNumber 6 is purpose and meaning

Internal journey: Finding meaning in life

External journey: Living a life guided by prayer

Life's journey:

- Heart centred person
- Going deeper to find meaning
- Nurturing yourself and others
- Live a life as an example of a beautiful life filled with meaning

Words: compassion, purpose, meaning, passion

Affirming belief: I am compassionate and I am confident and deep

Limiting belief: I believe that I am not accepted for who I am and I am judged

Light characteristics:

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| <ul style="list-style-type: none"> • Compassionate • Nourishing to others • Living a life filled with meaning • Able to be in the flow of life • Able to go deep into thought | <ul style="list-style-type: none"> • Sharing your journey • Sharing your quest for meaning • Confident and focused • Creating time for prayer, sanctuary and rituals |
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Dark characteristics:

- Victim mentality
- Not setting boundaries
- Unfocused
- Struggling upstream
- Worrying unnecessarily
- Constant questioning which causes procrastination

Action:

- Share your quest for meaning in life
- Live a beautiful life filled with meaning
- Nurture yourself and others
- Start a prayer and meditation ritual
- Create a sacred space in your home
- Focus on a goal and flowing downstream

Colour: Black – feel fearless and protected; feel powerful and independent

Gemstone: Black onyx – increase your personal power and build vitality; assists with inner strength and helps you trust your heart

Essential oil: Rosemary –Promotes passion for life; nurtures purpose

Animal: Penguin – they are caring, protective and patient; comfortable in different states of consciousness

