

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your attention and your focus on your third eye (the space between your eyebrows). Breathe in and breathe out, and express thankfulness for who you are, for your connected self and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Spiritual Warrior. Here's how it works ... Spiritual is the Category, which is the overall guide to how you interact with the world; Warrior is the SolePath, which reveals your gifts and greatness.

Your Spiritual Warrior is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As a Spiritual Warrior, your Learning Style is conceptual, abstract and uses metaphysical impressions. You are a good listener and an auditory learner. While connecting to this information about your SolePath remember your real life experiences around beliefs – religious or spiritual; remember your encounters with 'what others cannot see'; think back on what you did see and feel such as fairies, orbs, coloured shapes. Connect with the moments when you have lived this Spiritual Warrior; and when you have not.

It will also be very helpful to create a whole concept around your Spiritual Warrior by not only reading the words but also by watching the video and listening to the audio on SolePath.org.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
 Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Spiritual Category

Spirituals life experience is exploring beliefs and 'what others cannot see' from this physical perspective. To do this, Spirituals NEED to make time to nourish their spiritual connection through meditation and prayer. As a Spiritual SolePath you push the boundaries of metaphysical beliefs, much like the Intellectual SolePaths push the boundaries of logic and knowledge.

As a Spiritual, you can trust your connection. Because you are a spiritual explorer, your beliefs will change over the course of your lifetime. You enjoy the exploration of existing religious and spiritual beliefs as you create your own ideas around faith and the meaning of life.

How does knowing that you are a Spiritual SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Spirituals is your Connection. You can really, really trust your connection to what you believe in. First you need to make time to connect through prayer or meditation and then trust what you are receiving. Your connection will help you in your life by guiding you to move forward; and by guiding you to stay still thereby keeping you safe.

The Key Life Experience for you as a Spiritual is learning to *Trust your Connection.*

SolePath uncovers the way that your Soul intended to experience this life and as a Spiritual you are learning to explore and experience the non-physical.

Insights into your Spiritual Key life Experience. You have a preoccupation with what is 'more' than your physical body, with what others cannot see. You can feel confident and safe within the fact that you will never stand still spiritually, and that your beliefs will usually change over the course of your lifetime as you explore what others believe and then decide for yourself. Spiritual children are particularly aware of invisible energy such as fairies, special friends, something in the closet ...

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Easy Tools for integrating your Spiritual Warrior into your life:

1. **Place your attention and focus on your third eye (*the space between your eyebrows*)** when making decisions about people, experiences and opportunities. Really tune into what you are 'getting' before you allow the opinions of others to get in the way. This is also a great technique for when you need answers: before you go to sleep, visualize your connection to a higher power, ask your question, receive the answer when you waken.
2. **The Key Communication Words for Spirituals are Connect and Get.** These are words that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use these words to engage your LightPath instincts. Ask ...
 - What am I getting (from non-physical help) with regard to this situation?
 - Have I made time to connect?
 - Is this the time to connect for guidance?
 - Is this my download from my connection, or the opinion of someone else?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes a good amount of alone time** during which to focus on meditation and prayer. Activities like yoga, Tai Chi and Qi Gong assist with connection. Repetitive hypnotic activities like walking or dancing nourish your Soul. Silent retreats, escape from daily life and vision quests are an valuable part of taking care of yourself as a Spiritual SolePath.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

There are three Spiritual SolePaths, Balance, Mystic and Warrior.

Warrior SolePath

As a Spiritual Warrior, your gift to the world is dedication to your spiritual cause. You hold deep convictions and will stand up for what you believe in. You are deeply connected and the only truly psychic SolePath. You have great integrity and can be counted on; you are capable and organized and have a tremendous amount of energy when working for your cause and what you believe in.

Your Core Energy as a Spiritual Warrior is: Integrity and Dedication and Psychic Ability. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive, loving feelings.

Being a Spiritual Warrior means that you are the Spiritual SolePath with attitude; you are the Mystic with sharp elbows. Your cause will change over the course of your lifetime and when you choose where to put your energy and effort, you are tireless.

One of the greatest energy tools we can use in life is an “I Am ...” statement. In ancient cultures, the word for God was the same as “I Am”, that’s just how powerful it is.

State:

“I Am a Spiritual Warrior”

and read just how amazing you really are.

I respond to the world through my connection to that ‘bigger’ part of me. When I am connected to what I believe in, I can trust that guidance. I get into difficulty when I don’t trust my connection and over think, or allow my heart to get in the way. I NEED to make time to nourish my connection.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
 Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Who am I?

I NEED a cause! I am at my best when I am standing up for a cause that I believe in. I hold deep convictions about what I consider to be the important things in life. I inspire others; I am dedicated to my cause; I am committed to my beliefs; and the life that I lead reflects this. I walk the talk!

I am a very private person who is connected to Higher Self, is intuitive and psychic.

I have a strong sense of duty, am serious minded and am always motivated to follow through. If I make a commitment to a worthwhile cause I can always be counted on. I put a tremendous amount of energy and effort into doing any task that I see as important and moves my cause forward; I just can't put any energy into anything I don't fully believe in. I can be seen as uncompromising and will usually have many causes over the course of my lifetime.

I am a capable, organized person who has been successful at most of the things I have undertaken in my life. I work hard, I have deep drive and I don't allow obstacles to get in my way. I prefer to think alone and am always accountable for my actions. I may sometimes be impatient with others if they get in the way. I might be described as a 'Mystic' with attitude and can sometimes be perceived as uncompromising.

What am I doing here?

My Joy comes from dedicating myself to a cause that I believe in; and the earlier in my life that I discover my cause, the more joyful my life becomes.

I am always on the front lines for my cause and others are inspired by me.

I am able to take insightful action and find unique solutions for my cause. I like to have a plan but I don't allow it to stifle my creativity or stop me getting things done. I am a rebel with a cause.

Here is a list of ALL of the great things that are true about you.

WARRIOR SolePath Characteristics

Spiritual	Strong sense of duty
NEED a cause	Tremendous amount of energy and effort
Hold deep convictions	Motivated to follow through
Inspire others	Capable and organized
At best when dedicated to a cause	Can be counted on
Committed to beliefs	Successful
Walk the talk	Work hard and deep drive
Private person	Prefer to think alone
Connected to Higher Self	Always accountable
Intuitive and psychic	

More Easy Tools for integrating your Spiritual Warrior into your life:

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am a Spiritual Warrior".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as a Spiritual Warrior: Integrity and Dedication and Psychic Ability.
3. **On SolePath.org:** Take a look at the LightPath Spiritual Warrior summary.