

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your hand and your focus on your solar plexus. Breathe in and breathe out, and express thankfulness for who you are, for your intuitive self and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Intuitive Hunter. Here's how it works ... Intuitive is the Category, which is the overall guide to how you interact with the world; Hunter is the SolePath, which reveals your gifts and greatness.

Your Intuitive Hunter is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Intuitive Hunter, your Learning Style is experiential, hands-on and kinesthetic. While processing this information on your SolePath, talk about it with those who knew you as a younger person, those who you work with and those you play with. Remember moments when you have known that you were connected to this Intuitive Hunter; and when you have felt disconnected.

It will also be very helpful to not only read about your Intuitive Hunter but also to watch the video and listen to the audio on SolePath.org.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
 Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Intuitive Category

Intuitives are the 'gut' reaction SolePaths. You respond to the world through your body. As an Intuitive, it is important to identify your body's responses; to know whether a particular sensation means go or stop.

Your body keeps you safe with its immediate reaction to people, situations and experiences. Sometimes it is a feeling in the pit of your stomach, it may be tingling or goose bumps. When you clearly identify whether the physical sensation you are feeling is 'good' or 'bad' about someone or something, you don't make mistakes. You get into difficulty when you don't trust this, or allow the opinions of others to get in the way.

How does knowing that you are an Intuitive SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Intuitives is your Body. You can really, really trust your body's immediate reaction. First identify whether your body sensation is a 'yes' or 'no' reaction, and then trust that knowing. Your body reacts immediately and your first response is always the right one.

The Key Life Experience for you as an Intuitive is learning to *Trust your Body*. SolePath uncovers the way that your Soul intended to experience this life and as an Intuitive you are learning to trust your body.

Insights into your Intuitive Key life Experience. Your body wisdom is instantaneous. You know the answer immediately. This immediate body reaction is your access to the Field of Knowledge where all wisdom exists. Your key life experience is learning to trust this immediate knowing, and feeling confident that your first response, your physical response, is always the correct response.

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Easy Tools for integrating your Intuitive Hunter into your life:

1. **Place your attention and focus on your solar plexus** when making decisions about people, experiences and opportunities. Really tune into your immediate knowing before you allow the opinions of others to get in the way. This is also a great technique for when you need answers: breathe in, place your hand on your solar plexus, ask your question, breathe out and receive the answer.
2. **The Key Communication Word for Intuitives is Know.** This word helps you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use this word to engage your LightPath instincts. Ask ...
 - What do I know?
 - If I knew the answer to this, what would it be?
 - What was my first reaction, I know that I can trust that?
 - Is this my knowing or someone else's opinion?

Simply using this LightPath or expanding energy word will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes Specialized Help** and it is important to gather the right Practitioners around you to manage your finely tuned guidance system. It is essential for all of us to take care of our bodies with the correct diet, enough sleep and appropriate exercise – but it is vital for Intuitives. Realize that your body is like a Formula One racing car (versus a regular highway vehicle) and understand that it needs special fuel, frequent maintenance and highly trained specialists to help take care of it. And just like the racing car your body demands, craves and needs vigorous exercise. Your gut is sensitive, and a special diet will help, but most importantly when you are experiencing gut discomfort it is probably because you are not paying attention to your intuitive body reactions.

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There are four Intuitive SolePaths, the Builder, Creator, Hunter and Solitude.

Hunter SolePath

As an Intuitive Hunter, you are a truth seeker. You are curious, enquiring and have a thirst for answers and understanding. Once you have found your 'truth' you love to share this knowledge with your community. You are a courageous person who is hard driving and brave, yet also thoughtful and considerate of others. You love the outdoors.

Your Core Energy as an Intuitive Hunter is: Seeking Truth and Answers and Generosity.

This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive knowing.

Being an Intuitive Hunter means always seeking. Your life flows much like the traditional hunter who was responsible for feeding community. With your courage and bravery you hunt the truth and then return to share this with your community. Because of the energy expended you then need time to sit by the fireside to rejuvenate and it is very important to take time for this rest. Your greatest fulfillment is finding truth to share with others.

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

"I Am an Intuitive Hunter"

and read just how amazing you really are.

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I respond to the world through my gut feeling. I can trust my physical (visceral) sensation in the pit of my gut. When I follow my gut feeling, I don't make mistakes. I get into difficulty when I don't trust this and over think, or allow my heart to get in the way. My gut will let me know if I am not trusting my intuition by manifesting 'gut' illness e.g. food allergies, ulcers, constipation, hemorrhoids etc.

Who am I?

I am a truth seeker. I am curious, inquiring, interested and I have a thirst for understanding. I am generous and happy to share what I know and what I have. I drive myself hard in my constant search for answers. I am brave and am not afraid to pursue what I seek.

I have a great sense of community and enjoy providing. I rely on my intuition to guide me in my life. In most situations I trust my gut reaction above all else and it rarely lets me down. I am thoughtful and considerate of the feelings of others and have an uncanny knack of making others feel at ease. I understand the needs of my community and gather information to share with them.

I love being outdoors; I understand the outdoors and am tuned into nature. Whenever I start to feel stressed or depleted I simply spend time outdoors. I intuitively understand the seasons, the waxing and waning of nature, and love it all.

I live and work in 'spurts' – I need busyness followed by recuperating quiet time and can sometimes find it hard to get going once I am in a down time.

I lose interest in things once I feel I have the answers.

What am I doing here?

My Joy comes from searching; searching for answers; searching for truth and meaning.

I am here to make the world a better place.

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Here is a list of ALL of the great things that are true about you.

HUNTER SolePath Characteristics

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| Intuitive | Rely on intuition |
| Constantly seek the truth | Trust gut feeling |
| Curious, enquiring, interested | Understand needs of community |
| Thirst for understanding | Gather information to share with community |
| Generous | Thoughtful and considerate of others feelings |
| Happy to share what I have and what I know | Make others feel at ease |
| Constant search for answers | Love being outdoors |
| Brave | Understand the outdoors |
| Make the world a better place | Tuned in to nature, intuitively understand the seasons |
| Not afraid to pursue what I seek | Make the world a better place |
| Great sense of community | Drive self hard |
| Enjoy providing | |

More Easy Tools for integrating your Intuitive Hunter into your life:

- 1. I Am statement:** Remind yourself of who you were born to be. State: "I Am an Intuitive Hunter".
- 2. Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Intuitive Hunter: Seeking Truth and Answers and Generosity.
- 3. On SolePath.org:** Take a look at the LightPath Intuitive Hunter summary.