

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

*Breathe in and breathe out, place your hand and your focus on your solar plexus. Breathe in and breathe out, and express thankfulness for who you are, for your intuitive self and the life you are living. You are safe and All is Well.*

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Intuitive Creator. Here's how it works ... Intuitive is the Category, which is the overall guide to how you interact with the world; Creator is the SolePath, which reveals your gifts and greatness.

Your Intuitive Creator is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Intuitive Creator, your Learning Style is experiential, hands-on and kinesthetic. While processing this information on your SolePath, talk about it with those who knew you as a younger person, those who you work with and those you play with. Remember moments when you have known that you were connected to this Intuitive Creator; and when you have felt disconnected.

It will also be very helpful to not only read about your Intuitive Creator but also to watch the video and listen to the audio on SolePath.org.

#### SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada  
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## Intuitive Category

**Intuitives** are the 'gut' reaction SolePaths. You respond to the world through your body. As an Intuitive, it is important to identify your body's responses; to know whether a particular sensation means go or stop.

Your body keeps you safe with its immediate reaction to people, situations and experiences. Sometimes it is a feeling in the pit of your stomach, it may be tingling or goose bumps. When you clearly identify whether the physical sensation you are feeling is 'good' or 'bad' about someone or something, you don't make mistakes. You get into difficulty when you don't trust this, or allow the opinions of others to get in the way.

### **How does knowing that you are an Intuitive SolePath guide you?**

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

**The Guidance System for Intuitives is your Body.** You can really, really trust your body's immediate reaction. First identify whether your body sensation is a 'yes' or 'no' reaction, and then trust that knowing. Your body reacts immediately and your first response is always the right one.

**The Key Life Experience for you as an Intuitive is learning to *Trust your Body*.** SolePath uncovers the way that your Soul intended to experience this life and as an Intuitive you are learning to trust your body.

**Insights into your Intuitive Key life Experience.** Your body wisdom is instantaneous. You know the answer immediately. This immediate body reaction is your access to the Field of Knowledge where all wisdom exists. Your key life experience is learning to trust this immediate knowing, and feeling confident that your first response, your physical response, is always the correct response.

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### Easy Tools for integrating your Intuitive Creator into your life:

1. **Place your attention and focus on your solar plexus** when making decisions about people, experiences and opportunities. Really tune into your immediate knowing before you allow the opinions of others to get in the way. This is also a great technique for when you need answers: breathe in, place your hand on your solar plexus, ask your question, breathe out and receive the answer.
2. **The Key Communication Word for Intuitives is Know.** This word helps you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use this word to engage your LightPath instincts. Ask ...
  - What do I know?
  - If I knew the answer to this, what would it be?
  - What was my first reaction, I know that I can trust that?
  - Is this my knowing or someone else's opinion?

Simply using this LightPath or expanding energy word will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes Specialized Help** and it is important to gather the right Practitioners around you to manage your finely tuned guidance system. It is essential for all of us to take care of our bodies with the correct diet, enough sleep and appropriate exercise – but it is vital for Intuitives. Realize that your body is like a Formula One racing car (versus a regular highway vehicle) and understand that it needs special fuel, frequent maintenance and highly trained specialists to help take care of it. And just like the racing car your body demands, craves and needs vigorous exercise. Your gut is sensitive, and a special diet will help, but most importantly when you are experiencing gut discomfort it is probably because you are not paying attention to your intuitive body reactions.

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There are four Intuitive SolePaths, the Builder, Creator, Hunter and Solitude.

### Creator SolePath

As an Intuitive Creator, you are a beautiful ideas person. Your beautiful ideas may manifest as physical things, or may be beautiful conversations, beautiful interactions with others or beautiful experiences. You have an extraordinary ability to manifest original, beautiful creations. Your actions speak louder than your words and you are a sensitive, sometimes serious, naturally reserved and quiet person. You have a strong set of values and pursue your own unique goals.

**Your Core Energy as an Intuitive Creator is: Creating Beauty and Manifesting Ideas.**

This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive knowing.

Being an Intuitive Creator means finding ways to make our world more beautiful; your life purpose is to leave our world more beautiful. Your very presence makes the world more beautiful and you have an uncanny ability to explore and share ideas that leave others feeling more beautiful. There is no limit to your creative ideas that include beautiful personal style, beautiful spaces and environments, beautiful experiences. Your greatest fulfillment is creating beauty in the world.

**One of the greatest energy tools we can use in life is an "I Am ..." statement.** In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

**"I Am an Intuitive Creator"**

and read just how amazing you really are.

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*I respond to the world through my gut feeling. I can trust my physical (visceral) sensation in the pit of my gut. When I follow my gut feeling, I don't make mistakes. I get into difficulty when I don't trust this and over think, or allow my heart to get in the way. My gut will let me know if I am not trusting my intuition by manifesting 'gut' illness e.g. food allergies, ulcers, constipation, hemorrhoids etc.*

#### **Who am I?**

Mine is the 'beautiful' SolePath and I live through all of my five senses. I am an ideas person and I feel that actions speak louder than words. My creations, which are more beautiful than useful, will let you know who I am, what I believe in and what I stand for. I may seem hard to get to know as I am naturally reserved and quiet. I live my life my own way and pursue my own unique goals.

I feel sure that I will find the meaning of life in imaginative, original, beautiful creations. I am sensitive and am very aware of how things look, taste, feel, sound and smell. I avoid making decisions based solely on logic and use my sensitivity, perception and awareness to get me through life.

I take life seriously and my constant search for more beauty may seem like chronic dissatisfaction with 'what is'. I need personal space and time alone to create; I am a bit of a perfectionist so my creations sometimes take a while to manifest. My desire for excellence results in many unfinished projects.

#### **What am I doing here?**

My Joy comes from my unusual gift to manifest imaginative, original, beautiful creations that richly reward my life and the lives of others.

I contribute to a more beautiful, kinder, gentler world and love children and animals (and anyone who needs my love). I genuinely care about others and am sensitive to how they are feeling. I have a desire to be a 'good' person and have a strong set of values, which may seem uncompromising to some.

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Here is a list of ALL of the great things that are true about you.

**CREATOR SolePath Characteristics**

Intuitive	Love children and animals
Live through all five senses	Meaning of life – is beauty
Ideas person	Gift of manifesting beautiful creations
Actions speak louder than words	Decisions based on sensitivity, perception and awareness
Creations more beautiful than useful	Contribute to a more beautiful, kinder, gentler world
Strong set of values	Sensitive to how others feel
Desire to be a 'good' person	
Genuinely care about others	

**More Easy Tools for integrating your Intuitive Creator into your life:**

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am an Intuitive Creator".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Intuitive Creator: Creating Beauty and Manifesting Ideas.
3. **On SolePath.org:** Take a look at the LightPath Intuitive Creator summary.

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