

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your focus and attention on your pineal gland (shaped like a tiny pine cone, between the two hemispheres near the centre of your brain). Breathe in and breathe out, and express thankfulness for who you are, for your great mind and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Intellectual Lateral Thinker. Here's how it works ... Intellectual is the Category, which is the overall guide to how you interact with the world; Lateral Thinker is the SolePath, which reveals your gifts and greatness.

Your Intellectual Lateral Thinker is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Intellectual Lateral Thinker, your Learning Style is auditory and theoretical. You are a logical learner who likes to discuss both sides of the equation. Think about and talk about your SolePath with others. Reminisce on your life experiences; as a child, as a teenager, with your family, at work, in any other key life moments. Remember moments when you thought that you were connected to this Intellectual Lateral Thinker; and when you have been disconnected.

It will also be very helpful to not only read about your Intellectual Lateral Thinker but also to watch the video and listen to the audio on SolePath.org.



# Intellectual Category

Intellectuals are the great minds of our world. You respond to the world with logical thought and considerable intelligence. It may be likely that our traditional school system has let you down, so you may not really understand your great mental capacity.

You can trust you ability to think things through and your thought processes are very reliable. There really isn't anything you can't solve when you give yourself enough time and put your mind to it. Your mind points you in the right direction because when you clearly think things through you always know what to do. You get into difficulty when you don't trust this, or allow the opinions of others to get in the way.

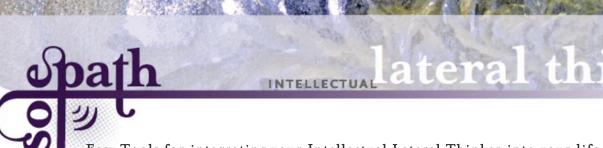
## How does knowing that you are an Intellectual SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Intellectuals is your Brain. You can really trust your mind. First you need to give yourself time to think things through and then act on your logical thought. Your thoughts are a reliable guide for you.

The Key Life Experience for you as an Intellectual is learning to *Believe in your Intellect*. SolePath uncovers the way that your Soul intended to experience this life and as an Intellectual you are learning to trust your thought processes.

Insights into your Intellectual Key life Experience. You are mentally excellent and if you have been let down by the education system, you could have no knowledge of your own intellectual ability. Because of this, our Intellectual children need additional learning opportunities. You are one of our best minds and when given time, your thought processes are completely reliable. But, coupled with your intellect comes a possible lack of common sense and you can have difficulty in social situations.



Easy Tools for integrating your Intellectual Lateral Thinker into your life:

- I. Place your attention and focus on your pineal gland (shaped like a tiny pine cone, between the two hemispheres near the centre of your brain) when making decisions about people, experiences and opportunities. Really tune into what you are thinking before you allow the opinions of others to get in the way.
- 2. The Key Communication Word for Intellectuals is Think. This is the word that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use this word to engage your LightPath instincts. Ask ...
  - What do I think?
  - What is the logical next step?
  - What is the logical outcome?
  - Have I taken enough time to think this through?
  - Is this what I think or someone else's opinion?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. Taking Care of Yourself includes appropriate mental distractions such as reading, podcasts, movies, guided meditations – positive experiences that engage your mind and allow for mental relaxation.



There are three Intellectual SolePaths, the Controller, Expert and Lateral Thinker.

# Lateral Thinker SolePath

As an Intellectual Lateral Thinker you think outside the box. You follow the 180 rule, which is to turn around and look at things from a completely different direction. In this way you are able to encourage new and different ideas. You are an interesting conversationalist who is mentally quick and loves change; you are excited about life and easily acquire new skills.

Your Core Energy as an Intellectual Lateral Thinker is: Innovative Thinking and Original Ideas. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive outcomes.

Being an Intellectual Lateral Thinker means that you thrive on different ideas. You are captivated by interesting concepts and engaging interaction and conversation with others. The image is of an upside down triangle or funnel above your head, capturing all of the ideas and thoughts that flow into your mind.

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

"I Am an Intellectual Lateral Thinker"

and read just how amazing you really are.

I respond to the world through my mind. I have a considerable intellect that may or may not have been served by the education system. When I trust my brain, I don't make mistakes. There isn't anything that I can't solve when I put my mind to it.



Who am I?

With my intellectual SolePath, I think outside the box and create changes in the established and recognized way of doing things.

I am excited and enthusiastic about life and with my intellect find it easy to acquire new skills and knowledge. I am open-minded and flexible and enjoy collaborating with others. I love defining the problem clearly and this leads me to find unique solutions. I break current thinking patterns.

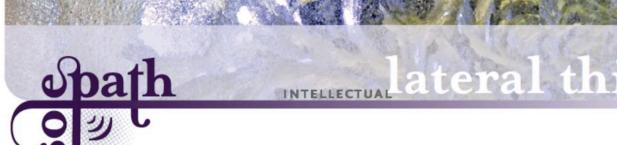
I am a 'why not' person and this makes me an interesting conversationalist. I am mentally quick and love the verbal sparring. I love to debate and have been known to switch to the other side just for the love of it!

Ideas can occupy me completely; I can be busy in my head for hours! I feel great around others who appreciate my intellect and different way of thinking but can feel indifferent and even hostile to those who don't accept new ideas.

## What am I doing here?

My Joy comes from putting innovative ideas into effect. I am aware of possibilities everywhere and am thrilled when I find existing solutions that can be applied in a new and creative way.

Sometimes I reject the 'tried and true' and have new ideas just for the sake of it. I love change! I am not always discriminating about what actually needs to be fixed and can have a 'if it isn't broke, then break it' mentality.



Here is a list of ALL of the great things that are true about you.

### LATERAL THINKER SolePath Characteristics

Intellectual

Think outside the box

Create change

Excited

Enthusiastic about life

Easily acquire new skills and knowledge

Open-minded, flexible

Collaborative

Love to define the problem

Find unique solutions

Mentally quick

A 'why not' person

Interesting conversationalist

Love change

Find new uses for existing solutions

Aware of possibilities

Put innovative ideas into effect

Different way of thinking

### More Easy Tools for integrating your Intellectual Lateral Thinker into your life:

- I. I Am statement: Remind yourself of who you were born to be. State: "I Am an Intellectual Lateral Thinker".
- 2. Core Energy: Remember your gifts and greatness, which include your Core Energy as an Intellectual Lateral Thinker: Innovative Thinking and Original Ideas.
- 3. On SolePath.org: Take a look at the LightPath Intellectual Lateral Thinker summary.