



INTELLECTUAL controller

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your focus and attention on your pineal gland (shaped like a tiny pine cone, between the two hemispheres near the centre of your brain). Breathe in and breathe out, and express thankfulness for who you are, for your great mind and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Intellectual Controller. Here's how it works ... Intellectual is the Category, which is the overall guide to how you interact with the world; Controller is the SolePath, which reveals your gifts and greatness.

Your Intellectual Controller is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Intellectual Controller, your Learning Style is auditory and theoretical. You are a logical learner who likes to discuss both sides of the equation. Think about and talk about your SolePath with others. Reminisce on your life experiences; as a child, as a teenager, with your family, at work, in any other key life moments. Remember moments when you thought that you were connected to this Intellectual Controller; and when you have been disconnected.

It will also be very helpful to not only read about your Intellectual Controller but also to watch the video and listen to the audio on SolePath.org.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Intellectual Category

Intellectuals are the great minds of our world. You respond to the world with logical thought and considerable intelligence. It may be likely that our traditional school system has let you down, so you may not really understand your great mental capacity.

You can trust your ability to think things through and your thought processes are very reliable. There really isn't anything you can't solve when you give yourself enough time and put your mind to it. Your mind points you in the right direction because when you clearly think things through you always know what to do. You get into difficulty when you don't trust this, or allow the opinions of others to get in the way.

How does knowing that you are an Intellectual SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Intellectuals is your Brain. You can really trust your mind. First you need to give yourself time to think things through and then act on your logical thought. Your thoughts are a reliable guide for you.

The Key Life Experience for you as an Intellectual is learning to *Believe in your Intellect*. SolePath uncovers the way that your Soul intended to experience this life and as an Intellectual you are learning to trust your thought processes.

Insights into your Intellectual Key life Experience. You are mentally excellent and if you have been let down by the education system, you could have no knowledge of your own intellectual ability. Because of this, our Intellectual children need additional learning opportunities. You are one of our best minds and when given time, your thought processes are completely reliable. But, coupled with your intellect comes a possible lack of common sense and you can have difficulty in social situations.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
 Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



INTELLECTUAL controller

Easy Tools for integrating your Intellectual Controller into your life:

1. **Place your attention and focus on your pineal gland (*shaped like a tiny pine cone, between the two hemispheres near the centre of your brain*)** when making decisions about people, experiences and opportunities. Really tune into what you are thinking before you allow the opinions of others to get in the way.
2. **The Key Communication Word for Intellectuals is Think.** This is the word that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use this word to engage your LightPath instincts. Ask ...
 - What do I think?
 - What is the logical next step?
 - What is the logical outcome?
 - Have I taken enough time to think this through?
 - Is this what I think or someone else's opinion?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes appropriate mental distractions** such as reading, podcasts, movies, guided meditations – positive experiences that engage your mind and allow for mental relaxation.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



There are three Intellectual SolePaths, the Controller, Expert and Lateral Thinker.

Controller SolePath

As an Intellectual Controller you are a visionary. You have a strong natural urge to establish structure and give direction in all situations; to create the plan, to set the rules. As a visionary you love to take on responsibility and are a great organizer and coordinator. You are confident and have a great belief in self.

Your Core Energy as an Intellectual Controller is: Vision to see the Future and Establishing Structure. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive outcomes.

Being an Intellectual Controller means that you thrive when you are intellectually stimulated. You are mainly interested in people and information that are relevant to your future projects. You need a quiet focused environment so that you can logically focus on the task or subject at hand (no background music, side conversations or other distractions).

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

"I Am an Intellectual Controller"

and read just how amazing you really are.

I respond to the world through my mind. I have a considerable intellect that may or may not have been served by the education system. When I trust my brain, I don't make mistakes. There isn't anything that I can't solve when I put my mind to it.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



INTELLECTUAL controller

Who am I?

I am a confident person with a great belief in self. I am an example to others; I set the rules; I create the paradigms; I construct the 'box'. People find me very comforting as they know where they stand with me. I love responsibility and find it easy to set priorities. I may sometimes tend towards being authoritarian and have even been called insensitive.

I ensure the efficient and effective use of skills, time and resources. I like things done in a certain way, to save time and wasted effort, and occasionally others may feel that this is restrictive and dictatorial. I sometimes have trouble understanding the emotion that plays such a big part in the lives of others - emotion makes me feel uncomfortable.

I think that I try to control those that I love because I am fearful of life getting out of control; and I can also be a jealous person. I struggle with taking responsibility for my situation if it isn't to my liking, and can blame my hardships on others. I usually think that I am right. I have great physical stamina and can usually keep going long after others are exhausted. Controllers don't wait for situations to unfold - and in their need to control everything - are often rude on the phone.

What am I doing here?

My Joy comes from my strong natural urge to give structure and direction in all situations. I am a great organizer and coordinator. I easily visualize the future and can communicate that vision to others; this in turn allows them to implement agreed goals. I use my intellect to be a great strategist and planner (I don't require too much encouragement to draw up a plan!) and am able to work with both long term and short-term objectives. I only like to work from well thought-out plans and sometimes find it difficult to be flexible if things change. When I am not being true to myself I can step on others to achieve my own goals and under these circumstances feel above the rules that govern others.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



Here is a list of ALL of the great things that are true about you.

CONTROLLER SolePath Characteristics

Intellectual	Strategist, planner, easily visualize the future
Confident	Organize, co-ordinate
Great belief in self	Communicate the vision
Example to others	Set the rules
Efficient, effective	Things done in a certain way
Love responsibility	Give structure and direction
Easily set priorities	Great physical stamina

Ensure efficient and effective use of skills of others

More Easy Tools for integrating your Intellectual Controller into your life:

- 1. I Am statement:** Remind yourself of who you were born to be. State: "I Am an Intellectual Controller".
- 2. Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Intellectual Controller: Vision to see the Future and Establishing Structure.
- 3. On SolePath.org:** Take a look at the LightPath Intellectual Controller summary.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org