

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

*Breathe in and breathe out, place your hands and your focus on your adrenal glands, which sit on top of your kidneys (middle of your back on either side of your spine). Straighten your spine, then breathe in and breathe out, and express thankfulness for who you are, for your inspiring self and the life you are living. You are safe and All is Well.*

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Inspirational Teacher. Here's how it works ... Inspirational is the Category, which is the overall guide to how you interact with the world; Teacher is the SolePath, which reveals your gifts and greatness.

Your Inspirational Teacher is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Inspirational Teacher, you are a visual learner who likes to see that you have accomplished something worthwhile. Your most effective learning comes when you apply what you have learned in practical situations, rather than simply the theory. While practically applying this information about your SolePath into your life, remember your real life experiences.

Remember those key moments when you have been connected to this Inspirational Teacher; and when you have felt disconnected.

**SolePath**

Located in the Crown Chakra of the World: Calgary, Alberta, Canada  
 Phone: 403.998.0191 Email: [info@SolePath.org](mailto:info@SolePath.org) [www.SolePath.org](http://www.SolePath.org)

It will also be very helpful to not only read about your Inspirational Teacher but also to watch the video and listen to the audio on SolePath.org.

**Inspirational Category**

**Inspirational**s are the world’s role models. You respond to the world by wanting to fill a perceived need. As an Inspirational, you ask, “What does the world need and how can I provide it?” and “What do you need, and how can I help?”

You have an innate sense of responsibility to yourself, to others and to community, and look at what is needed by both individuals and the group at large. Inspirational SolePaths have the same role as the bones of the body; you provide the structure, the skeleton, the framework for society.

This does not mean that your own needs are lost in your desire to serve, but rather that through your personal learning and experience you feel great empathy with the needs of others and then take action. You inspire us by the way you live your own life and have a great capacity for getting things done to help others.

**How does knowing that you are an Inspirational SolePath guide you?**

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

**The Guidance System for Inspirational**s is your ability to See. You can really, really trust your outward seeing. First you identify the need and then you see what needs to be done, you see how you can participate, you see what action must be taken. This Seeing fulfills your desire to serve, to get busy and to make a difference in the world.

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**The Key Life Experience for you as an Inspirational is learning to *Trust your Seeing*.** SolePath uncovers the way that your Soul intended to experience this life and as an Inspirational you are learning to trust your sight.

**Insights into your Inspirational Key life Experience.** You have an outward focus and are learning to be relied upon and to have others look up to you. You are learning to trust your seeing of what needs to be done, and then taking the proper action. You have a clear moral compass and a great sense of right and wrong.

**Easy Tools for integrating your Inspirational Teacher into your life:**

1. **Place your attention and focus on your adrenals (middle of your back on either side of your spine) and straighten your spine** when making decisions about people, experiences and opportunities. Really tune into what you are seeing before you allow the opinions of others to get in the way.
  
2. **The Key Communication Words for Inspirationals are See and Look.** These are words that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use these words to engage your LightPath instincts. Ask ...
  - What do I see?
  - What would I do if I could see the whole picture?
  - What would change if I looked up?
  - What would happen if I looked ahead?
  - Is this how I see or someone else's opinion?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes Escape** from people and expectations. It is essential for Inspirationalists to sometimes get away from their responsibilities. This kind of escape can't be seen as a luxury for you as an Inspirationalist, it really helps you live in your expanded LightPath energy. Finding ways to have fun can be a challenge for you as one of the world's responsible role models, but it is vital to your self-care. Go ahead, have some fun, you are safe.

There are four Inspirational SolePaths, the Conformist, Humanitarian, Manager and Teacher.

### Teacher SolePath

As an Inspirational Teacher your greatest gift is your ability to communicate so that others can understand. You look for the best in everyone and can find the talent in everyone. You are interested in people and connect in a way that is inspiring, warm, outgoing and enthusiastic.

**Your Core Energy as an Inspirational Teacher is: Talented Communicator and Inspiring Life.** This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create a positive outcome.

Being an Inspirational Teacher means helping others to understand. Teachers are the world's great communicators, however you choose to do this - speaking, writing and by the way you live your life.

**One of the greatest energy tools we can use in life is an "I Am ..." statement.** In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

**"I Am an Inspirational Teacher"**

and read just how amazing you really are.

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*I respond to the world through my perception of what I think is needed by the group at large. What do you need and how can I help? Inspirational SolePalhs have a deep sense of responsibility to the community and are role models for others.*

**Who Am I?**

I teach by the example of my life. I am dedicated to helping others understand through the example of my life and the ideas that I share. I am a positive person with a 'can-do' attitude. I have a deep understanding that life is what you make of it and I want my life to be inspiring to others.

I am a warm, outgoing, enthusiastic person who willingly gets involved in life. I sometimes feel too much empathy for others and need to remind myself not to take on their difficulties and hardships as my own.

I am not afraid to talk about what I am feeling or to speak my mind and luckily I am a great communicator. I have a natural interest in other people and am very tolerant of them all, no matter how different their lives and beliefs may be from mine.

I do like my life to be organized and I usually schedule things well ahead of time. This allows me to plan and I feel safe within this structure.

**What am I doing here?**

My Joy comes from helping others understand what I am teaching. I know how to get others to understand and am able to find the talent in everyone. I look for the best in everyone. I usually know what is going on inside a person, I can read others with some accuracy, and I use my interest in them to empower them and to fire up their imagination.

I often speak about my life to inspire others. I didn't always feel this good about myself until I decided that if my life was going to be what I wanted it to be – it was up to me.

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Here is a list of ALL of the great things that are true about you.

**TEACHER SolePath Characteristics**

|                                          |                                                |
|------------------------------------------|------------------------------------------------|
| Inspirational                            | Speak about life to inspire others             |
| Help others                              | Talk about feelings                            |
| Example to others                        | Take proactive action in own life              |
| Positive person                          | Great communicator                             |
| In control of own life                   | Natural interest in others                     |
| 'Can-do' attitude                        | Tolerant                                       |
| Inspiring to others                      | Organized                                      |
| Understand that life is what you make it | Find talent in others, look for best in others |
| Warm, outgoing, enthusiastic             | Empower others                                 |
| Willingly get involved in life           | Read others with accuracy                      |

**More Easy Tools for integrating your Inspirational Teacher into your life:**

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am an Inspirational Teacher".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Inspirational Teacher: Talented Communicator and Inspiring Life.
3. **On SolePath.org:** Take a look at the LightPath Inspirational Teacher summary.