

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your hands and your focus on your adrenal glands, which sit on top of your kidneys (middle of your back on either side of your spine). Straighten your spine, then breathe in and breathe out, and express thankfulness for who you are, for your inspiring self and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Inspirational Conformist. Here's how it works ... Inspirational is the Category, which is the overall guide to how you interact with the world; Conformist is the SolePath, which reveals your gifts and greatness.

Your Inspirational Conformist is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Inspirational Conformist, you are a visual learner who likes to see that you have accomplished something worthwhile. Your most effective learning comes when you apply what you have learned in practical situations, rather than simply the theory. While practically applying this information about your SolePath into your life, remember your real life experiences. Remember those key moments when you have been connected to this Inspirational Conformist; and when you have felt disconnected.

It will also be very helpful to not only read about your Inspirational Conformist but also to watch the video and listen to the audio on SolePath.org.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
 Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org

Inspirational Category

Inspirationals are the world's role models. You respond to the world by wanting to fill a perceived need. As an Inspirational, you ask, "What does the world need and how can I provide it?" and "What do you need, and how can I help?"

You have an innate sense of responsibility to yourself, to others and to community, and look at what is needed by both individuals and the group at large. Inspirational SolePaths have the same role as the bones of the body; you provide the structure, the skeleton, the framework for society.

This does not mean that your own needs are lost in your desire to serve, but rather that through your personal learning and experience you feel great empathy with the needs of others and then take action. You inspire us by the way you live your own life and have a great capacity for getting things done to help others.

How does knowing that you are an Inspirational SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Inspirational is your ability to See. You can really, really trust your outward seeing. First you identify the need and then you see what needs to be done, you see how you can participate, you see what action must be taken. This Seeing fulfills your desire to serve, to get busy and to make a difference in the world.

The Key Life Experience for you as an Inspirational is learning to *Trust your Seeing.* SolePath uncovers the way that your Soul intended to experience this life and as an Inspirational you are learning to trust your sight.

Insights into your Inspirational Key life Experience. You have an outward focus and are learning to be relied upon and to have others look up to you. You are learning to trust your seeing of what needs to be done, and then taking the proper action. You have a clear moral compass and a great sense of right and wrong.

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Easy Tools for integrating your Inspirational Conformist into your life:

1. **Place your attention and focus on your adrenals (middle of your back on either side of your spine) and straighten your spine** when making decisions about people, experiences and opportunities. Really tune into what you are seeing before you allow the opinions of others to get in the way.

2. **The Key Communication Words for Inspirationals are See and Look.** These are words that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use these words to engage your LightPath instincts. Ask ...
 - What do I see?
 - What would I do if I could see the whole picture?
 - What would change if I looked up?
 - What would happen if I looked ahead?
 - Is this how I see or someone else's opinion?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes Escape** from people and expectations. It is essential for Inspirationals to sometimes get away from their responsibilities. This kind of escape can't be seen as a luxury for you as an Inspirational, it really helps you live in your expanded LightPath energy. Finding ways to have fun can be a challenge for you as one of the world's responsible role models, but it is vital to your self-care. Go ahead, have some fun, you are safe.

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There are four Inspirational SolePaths, the Conformist, Humanitarian, Manager and Teacher.

Conformist SolePath

As an Inspirational Conformist the greatest gift that you share with us is your ability to build on what has gone before. Whether it is physical or metaphysical, you have this uncanny ability to see what has gone wrong and what has been extraordinary. You help us create more of what is positive and good, while not repeating the errors of the past and you make sure that the benefits of time honoured traditions are not lost. You have a great sense of right and wrong, are a dependable straight talker who is down to earth and responsible.

Your Core Energy as an Inspirational Conformist is: Valuing Tradition and Cultivating Order. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create a positive outcome.

Being an Inspirational Conformist means building on what has gone before, not losing what has been great about the past, not rejecting proven traditions. You really understand 'not throwing the baby out with the bath water' and are able to see what has worked before and what will provide a firm foundation for the future.

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

"I Am an Inspirational Conformist"

and read just how amazing you really are.

I respond to the world through my perception of what I think is needed by the group at large. What do you need and how can I help? Inspirational SolePaths have a deep sense of responsibility to the community and are role models for others.

Who am I?

I love traditions and the 'tried and true'. Some may see this as being 'closed' to new ideas but I see it as honouring what has gone before and what has worked before. I like things to be as they are, familiar and ordered. I just prefer the traditional to the new. I don't 'rock the boat' and do have a desire to fit in; I like others to make an effort to conform too.

Even though I may not set the rules, I follow them as I understand that this is for the greater good of us all. I feel really good when people know their duties, follow the guidelines and operate within the rules – and this is how I live my life.

I am very dependable – my words and actions are always a match and you will always know where you stand with me. I am a straight talker (I use my words wisely) and prefer to deal only with the facts. I am down to earth, patient with procedures and responsible to a fault.

I may be considered judgmental and lacking in emotion, but I am simply frustrated by the inconsistencies of others. I am highly sociable in small familiar groups but it takes me time to warm up and I do find that emotional interactions leave me feeling exhausted.

What am I doing here?

My Joy comes from making sure that the benefits of time-honoured values and traditions are not lost; if it's not broken, then it probably works!

I have a great sense of right and wrong and willingly participate in keeping societal order. I see the law and tradition as making the world a better place. My perfect profession includes being a Referee; I am a true guardian of the Institution and am drawn to the service of these Institutions. I may be considered intolerant and hard-hearted when dealing with those who don't follow the rules.

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Here is a list of ALL of the great things that are true about you.

CONFORMIST SolePath Characteristics

Inspirational	You will know where you stand with me
Love traditions and the 'tried and true'	Believe law and tradition make the world a better place
Honour what has gone before	Words and actions are always a match, straight talker
Patient with procedures	Like familiarity and order
Don't 'rock the boat'	True guardian of the Institution
Responsible	Desire to fit in
Dependable, Down to earth	Prefer to deal only with facts
Highly social in small groups	Great sense of right and wrong
Follow the guidelines and operate within the rules	

More Easy Tools for integrating your Inspirational Conformist into your life:

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am an Inspirational Conformist".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Inspirational Conformist: Valuing Tradition and Cultivating Order.
3. **On SolePath.org:** Take a look at the LightPath Inspirational Conformist summary.

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