

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

*Breathe in and breathe out, imagine that you are inside a shell, like the shell of an egg, and place your focus on this safe, exterior covering. Breathe in and breathe out, and express thankfulness for who you are, for your charismatic self and the life you are living. You are safe and All is Well.*

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Charismatic Gladiator Here's how it works ... Charismatic is the Category, which is the overall guide to how you interact with the world; Gladiator is the SolePath, which reveals your gifts and greatness.

Your Charismatic Gladiator is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As a Charismatic Gladiator, your most effective learning comes when you take the time to review, reflect and observe. You are a visual learner who responds best when the learning is relevant to you and your life experience. While processing this information on your SolePath reflect back on your real life experiences; as a child, as a teenager, with your family, at work, in any other key life moments. Recall those moments when you felt connected to this Charismatic Gladiator; and when you felt disconnected. It may be helpful to use visual reminders such as your photographs, or other images.

It will also add to your experience to not only read about your Charismatic Gladiator but to watch the video and listen to the audio on SolePath.org.

**SolePath**

Located in the Crown Chakra of the World: Calgary, Alberta, Canada  
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### Charismatic Category

**Charismatics** are the world's 'sparkle' people. You simply light up our world.

With your outgoing sensing and perception, just like a bat you are able to interpret the returning echoes from life. You respond to people, places and experiences by how you sense the world is responding to you. You use others as a mirror for yourself and have an innate sense of how people are reacting to you. You interpret the returning echoes and reflect back what you sense.

Your ability to judge situations keeps you safe because you are an incredible judge of character and you rarely make mistakes in your assessments. You get into difficulty when you don't trust this or allow the opinions of others to get in the way.

### **How does knowing that you are a Charismatic SolePath guide you?**

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

**The Guidance System for Charismatics is your Sensing.** You can really, really trust your outgoing sensing and perception and your uncanny ability to read situations, people and experiences quickly and accurately. Remember you are greatly impacted by interactions with others and what is going on around you. Rely on your instincts and perception as you reflect back and respond to what you are sensing.

**The Key Life Experience for you as a Charismatic is learning to *Understand your Energy*.** SolePath uncovers the way that your Soul intended to experience this life and as a Charismatic you are learning to trust your outward sensing, like a bat when it is flying.

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**Insights into your Charismatic Key life Experience.** You have an outward focus and are people centred. Your instincts and ability to perceive what is actually going on around you are impeccable. This sometimes gets a bit tangled up with what others think and feel about you – so understanding what is ‘yours’ and what it ‘theirs’ is very important to your sense of self and sometimes might be difficult for you to untangle. As one of the worlds ‘sparkle’ people you have big energy and understanding when it is appropriate to turn your light on or off, or when you can’t be the centre of attention, is part of your life’s journey.

**Easy Tools for integrating your Charismatic Gladiator into your life:**

1. **Place your attention and focus onto yourself and from within your protective shell** assess people, experiences and opportunities. Really tune into your perception before allowing the opinions and energy of others to get in the way.
  
2. **The Key Communication Words for Charismatics are Sense and Reflect.** These are words that will help you to respond to life from your LightPaths, from your place of expanded energy. Here’s how you and your loved ones can use these words to engage your LightPath instincts. Ask ...
  - What is being reflected here?
  - Am I reflecting someone else’s truth, or is this my instinct? Is it ‘mine’ or ‘theirs’?
  - What am I sensing?
  - Do I have a sense of the impact of my ‘big’ energy?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

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3. **Taking Care of Yourself includes a focus on Self Image and Self Care.** You are self-confident and you look great and light up a room, so spending time and effort on your image is as fun as it is essential. Equally important is surrounding yourself with those who really understand your 'big' personality and having a safe haven where you can relax and turn your light off without judgment.

There are five Charismatic SolePaths, the Adventurer, Gladiator, Influencer, Leader and Performer.

### Gladiator SolePath

As a Charismatic Gladiator, you raise the bar; you push us to higher standards. You are motivated by competition and raise the standards of performance of all of us. You love excitement and are always on the look out for an opportunity to win. You have a deep belief in yourself and your innate skills.

**Your Core Energy as a Charismatic Gladiator is: Excellence and Raising the Bar.** This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive outcomes.

Being a Charismatic Gladiator means always striving for a better standard, pushing the rest of us to a higher standard of excellence, always raising the bar. You just want to be better and love a competitive environment. You just sense that it could be better!

**One of the greatest energy tools we can use in life is an "I Am ..." statement.** In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

**"I Am a Charismatic Gladiator"**

and read just how amazing you really are.

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*A 'Sparkle' SolePath, I respond to the world through my perception of how you respond to me. My sense of self is governed by my interpretation of what you think of me – what I do and who I am.*

### **Who am I?**

I love to win! I am first and foremost a competitor who is persevering, dedicated and hardworking. I love showing my skills and don't mind being the centre of attention.

At my best I am competitive, fair and focused. On a bad day I am all about winning no matter how I do it, and I don't mind stretching the rules to get what I want – a win. Some may feel that this makes me ruthless and arrogant; I certainly can have a killer instinct when I want to win and my arrogance comes from my deep belief in myself and my innate skills.

I play hard and I work hard and I am motivated by competition. I need to take care that my competitive instincts are tempered in my relationships with those I love.

### **What am I doing here?**

My Joy comes from my desire to win, to raise the bar for all those against whom I compete. Faster, better, more efficient, more cost effective, more attractive, simpler, funnier – you name it I raise the standards of performance.

I sign up for jobs that most others wouldn't even consider. Anything that involves excitement, risk, and winning! In the olden days I probably would have been a gladiator, a medieval knight, a mercenary or a pirate always looking for an opportunity to win! I work best alone, love the new and exciting; I am just not made for the quiet life.

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Here is a list of ALL of the great things that are true about you.

**GLADIATOR SolePath Characteristics**

Charismatic	Deep belief in self and innate skills
Raise the standard of performance	Work best alone
Persevering, dedicated, hardworking	Love being centre of attention
Love showing skills	Not made for quiet life
Love excitement, risk and winning	Play hard, work hard
Fair	Motivated by competition
Competitive and focused	Joy from desire to win
Love the new and exciting	A Competitor

**More Easy Tools for integrating your Charismatic Gladiator into your life:**

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am a Charismatic Gladiator".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as a Charismatic Gladiator: Excellence and Raising the Bar.
3. **On SolePath.org:** Take a look at the LightPath Charismatic Gladiator summary.

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