

Your SolePath is your sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, imagine that you are inside a shell, like the shell of an egg, and place your focus on this safe, exterior covering. Breathe in and breathe out, and express thankfulness for who you are, for your charismatic self and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Charismatic Adventurer. Here's how it works ... Charismatic is the Category, which is the overall guide to how you interact with the world; Adventurer is the SolePath, which reveals your gifts and greatness.

Your Charismatic Adventurer is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As a Charismatic Adventurer, your most effective learning comes when you take the time to review, reflect and observe. You are a visual learner who responds best when the learning is relevant to you and your life experience. While processing this information on your SolePath reflect back on your real life experiences; as a child, as a teenager, with your family, at work, in any other key life moments. Recall those moments when you felt connected to this Charismatic Adventurer; and when you felt disconnected. It may be helpful to use visual reminders such as your photographs, or other images.

It will also add to your experience to not only read about your Charismatic Adventurer but to watch the video and listen to the audio on SolePath.org.



CHARISMATICA CIVENTUITET

Charismatics are the world's 'sparkle' people. You simply light up our world.

With your outgoing sensing and perception, just like a bat you are able to interpret the returning echoes from life. You respond to people, places and experiences by how you sense the world is responding to you. You use others as a mirror for yourself and have an innate sense of how people are reacting to you. You interpret the returning echoes and reflect back what you sense.

Your ability to judge situations keeps you safe because you are an incredible judge of character and you rarely make mistakes in your assessments. You get into difficulty when you don't trust this or allow the opinions of others to get in the way.

How does knowing that you are a Charismatic SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Charismatics is your Sensing. You can really, really trust your outgoing sensing and perception and your uncanny ability to read situations, people and experiences quickly and accurately. Remember you are greatly impacted by interactions with others and what is going on around you. Rely on your instincts and perception as you reflect back and respond to what you are sensing.



The Key Life Experience for you as a Charismatic is learning to *Understand your Energy*. SolePath uncovers the way that your Soul intended to experience this life and as a Charismatic you are learning to trust your outward sensing, like a bat when it is flying.

Insights into your Charismatic Key life Experience. You have an outward focus and are people centred. Your instincts and ability to perceive what is actually going on around you are impeccable. This sometimes gets a bit tangled up with what others think and feel about you — so understanding what is 'yours' and what it 'theirs' is very important to your sense of self and sometimes might be difficult for you to untangle. As one of the worlds 'sparkle' people you have big energy and understanding when it is appropriate to turn your light on or off, or when you can't be the centre of attention, is part of your life's journey.

Easy Tools for integrating your Charismatic Adventurer into your life:

- I. Place your attention and focus onto yourself and from within your protective shell assess people, experiences and opportunities. Really tune into <u>your perception</u> before allowing the opinions and energy of others to get in the way.
- 2. The Key Communication Words for Charismatics are Sense and Reflect. These are words that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use these words to engage your LightPath instincts. Ask ...
 - What is being reflected here?
 - Am I reflecting someone else's truth, or is this my instinct? Is it 'mine' or 'theirs'?
 - What am I sensing?
 - Do I have a sense of the impact of my 'big' energy?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

SolePath



3. Taking Care of Yourself includes a focus on Self Image and Self Care. You are self-confident and you look great and light up a room, so spending time and effort on your image is as fun as it is essential. Equally important is surrounding yourself with those who really understand your 'big' personality and having a safe haven where you can relax and turn your light off without judgment.

There are five Charismatic SolePaths, the Adventurer, Gladiator, Influencer, Leader and Performer.

Adventurer SolePath

As a Charismatic Adventurer, you love the new and exciting - new learning, new people, new places, new technology ... anything new. You are a non-conformist and a ready - fire - aim person with an inexhaustible energy for life. You are a bit of a risk taker and are warm, affectionate and likeable.

Your Core Energy as a Charismatic Adventurer is: Loving the New and Being at the Cutting Edge. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive outcomes.

Being a Charismatic Adventurer means embracing the new. It means loving change and being discerning about when you are changing for the sake of change, or when you are embracing change because it is an improvement, a moving forward. You teach us how not to fear change and how to embrace new ideas. You show us that moving forward is fun and that the status quo can be improved upon.

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:



"I Am a Charismatic Adventurer"

and read just how amazing you really are.

A 'Sparkle' SolePath, I respond to the world through my perception of how you respond to me. My sense of self is governed by my interpretation of what you think of me – what I do and who I am.

Who am I?

I have an inexhaustible energy for the 'new', for life and I love to explore. I am a non-conformist and a ready-fire-aim person who loves anything new. I am a risk taker who is outgoing and friendly, I am fun, spontaneous and highly individualistic.

I am warm, affectionate and likeable and have a wide range of friends and associates with whom I feel really at ease. I also make others feel at ease when I am around. I am sensitive and intuitive and can usually read other people and situations. If I don't like what I am sensing, I can become aloof and superior; and this makes me feel quite pessimistic.

I am a quick thinker who is always on the lookout for possibilities. I never panic in an emergency, even though I sometimes (deliberately it may seem to others) may endanger myself. Obstacles and danger never deter me; they even sometimes motivate me even further.

I don't like to be told what to do; I don't like bureaucracy; and have trouble with rules that don't make sense to me. I feel very grounded and confident in myself.

What am I doing here?

My Joy comes from discovering new things – new learning, new places, new technology – and I love to talk about what I discover and my exciting experiences. Yes, I may talk too much, but I have many tales of my adventures and lots to say about my experiences. Anyway, my natural talent for language enables me to tell funny stories.



CHARISMATICA CHERT

Some may find me impulsive as I can change my focus in an instant (I have a need to explore a wide variety of topics and places), but once I am committed to a course of action I give it my full attention. If I am not fully involved, I have a short attention span, have trouble following up and become bored very easily.

Here is a list of ALL of the great things that are true about you.

ADVENTURER SolePath Characteristics

Charismatic Wide range of friends and associates

Inexhaustible energy Make others feel at ease

Love to discover the 'new' Easily read other people and situations

Non-conformist Always on look out for possibilities

Love to explore Sensitive, intuitive

Impulsive Natural talent for language

Fun, spontaneous Quick thinker

Outgoing, friendly Grounded

Individualistic Never panic in emergency

Warm, affectionate, likeable Confident

More Easy Tools for integrating your Charismatic Adventurer into your life:

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



- I. I Am statement: Remind yourself of who you were born to be. State: "I Am a Charismatic Adventurer".
- 2. Core Energy: Remember your gifts and greatness, which include your Core Energy as a Charismatic Adventurer: Loving the New and Being at the Cutting Edge.
- 3. On SolePath.org: Take a look at the LightPath Charismatic Adventurer summary.