

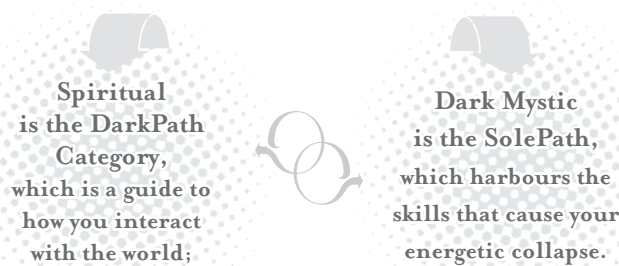


dark mystic  
SPIRITUAL

Your SolePath is your sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

Your SolePath is a braid of two LightPaths and one DarkPath and your DarkPath is Spiritual Mystic.

Here's how it works ...



Your Spiritual Mystic DarkPath is entwined with two LightPaths.  
Your LightPaths reveal your special, individual and completely unique gifts;  
and your DarkPath is your place of personal growth.

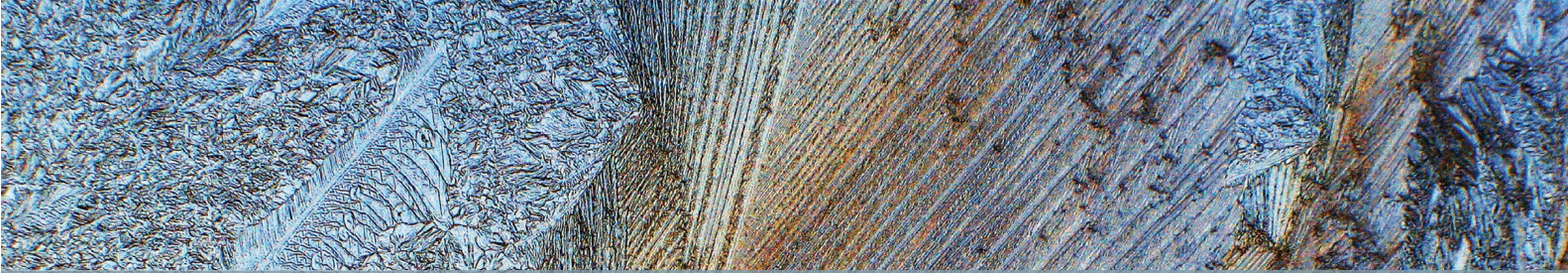
#### Spiritual Category DarkPath

We are complex Beings aren't we and it is never more fully seen than in the role that your DarkPath Category plays in your life. On the one hand, there is so much about being a Spiritual that serves you – you are, after all, one of the people most connected to non-physical energy – and on the other hand there is so much about being a dark Spiritual that trips you up.

When you are experiencing your Spiritual Category from a place of collapsed energy, the overall negative attitude is Superiority. You are dogmatic about your own beliefs and completely unaccepting about the beliefs of others. Not only do you feel that your beliefs are the only ones that are right, you are unwilling to look at another's perspective. It doesn't matter whether your beliefs are fundamental religion or the most liberal spirituality – your way is the right way.

You are a judgmental observer, standing on the sidelines of life, not participating yet judging others as wrong. It would be great fun for you to get in the game. Really!

Yet, when you are experiencing your Spiritual Category from a place of expanded energy, you contribute to our world with your spiritual exploring, you make it okay for us to believe in something 'bigger than ourselves', you push the boundaries of belief.



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### Mystic DarkPath

**The Core Energy for the dark Spiritual Mystic is being judgmental, superior and arrogant. You are intolerant and unwilling to accept the beliefs of others and are dogmatic about your own beliefs.**

#### **Easy Tools for transforming your Spiritual Mystic DarkPath:**

The biggest awareness that you can have is to identify whether you are responding to people and situations from your LightPaths or your DarkPath. Thankfully, it is quite simple – ANY negative reaction, thought or emotion is coming from a place of energetic collapse, and this is your Spiritual Mystic DarkPath.

1. Use your LightPath 'I Am' statements, whenever you feel bad or are thinking bad thoughts. This will help you respond to the situation from your expanded energy.  
State: I Am a (Category) ~ (SolePath) from either your Joyful or Progression SolePaths, whichever one feels right for the situation.
2. **Antidote:** As a dark Spiritual Mystic your unhealthy need is feel that only your beliefs are right. Your Antidote is to be open-minded and accepting; and not to judge others' religious and spiritual beliefs.
3. On SolePath.org, take a look at the LightPath Spiritual Category and listen to the Mystic DarkPath audio summary.