



INTELLECTUAL expert

Your SolePath is your Sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

SolePath connects you with your gifts and greatness so that you can live with purpose and learn how to serve and make a difference in the world. Take a minute to prepare yourself metaphysically to read about who you were born to be.

Breathe in and breathe out, place your focus and attention on your pineal gland (shaped like a tiny pine cone, between the two hemispheres near the centre of your brain). Breathe in and breathe out, and express thankfulness for who you are, for your great mind and the life you are living. You are safe and All is Well.

Your SolePath is a braid of two LightPaths and one DarkPath. One of your LightPaths is Intellectual Expert. Here's how it works ... Intellectual is the Category, which is the overall guide to how you interact with the world; Expert is the SolePath, which reveals your gifts and greatness.

Your Intellectual Expert is entwined with one other LightPath to reveal your special, individual and completely unique gifts; and your DarkPath, which is your place of personal growth.

As an Intellectual Expert, your Learning Style is auditory and theoretical. You are a logical learner who likes to discuss both sides of the equation. Think about and talk about your SolePath with others. Reminisce on your life experiences; as a child, as a teenager, with your family, at work, in any other key life moments. Remember moments when you thought that you were connected to this Intellectual Expert; and when you have been disconnected.

It will also be very helpful to not only read about your Intellectual Expert but also to watch the video and listen to the audio on SolePath.org.

SolePath

Located in the Crown Chakra of the World: Calgary, Alberta, Canada
Phone: 403.998.0191 Email: info@SolePath.org www.SolePath.org



INTELLECTUAL **expert**

Intellectual Category

Intellectuals are the great minds of our world. You respond to the world with logical thought and considerable intelligence. It may be likely that our traditional school system has let you down, so you may not really understand your great mental capacity.

You can trust your ability to think things through and your thought processes are very reliable. There really isn't anything you can't solve when you give yourself enough time and put your mind to it. Your mind points you in the right direction because when you clearly think things through you always know what to do. You get into difficulty when you don't trust this, or allow the opinions of others to get in the way.

How does knowing that you are an Intellectual SolePath guide you?

SolePath gives a framework to your life; it is the compass for navigation and guidance and making the best decisions. SolePath is the means for navigation over the course of your lifetime. When faced with decisions about people, experiences and opportunities, your SolePath is your reliable guide to peace and joy.

The Guidance System for Intellectuals is your Brain. You can really trust your mind. First you need to give yourself time to think things through and then act on your logical thought. Your thoughts are a reliable guide for you.

The Key Life Experience for you as an Intellectual is learning to *Believe in your Intellect*. SolePath uncovers the way that your Soul intended to experience this life and as an Intellectual you are learning to trust your thought processes.

Insights into your Intellectual Key life Experience. You are mentally excellent and if you have been let down by the education system, you could have no knowledge of your own intellectual ability. Because of this, our Intellectual children need additional learning opportunities. You are one of our best minds and when given time, your thought processes are completely reliable. But, coupled with your intellect comes a possible lack of common sense and you can have difficulty in social situations.

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Easy Tools for integrating your Intellectual Expert into your life:

1. **Place your attention and focus on your pineal gland (*shaped like a tiny pine cone, between the two hemispheres near the centre of your brain*)** when making decisions about people, experiences and opportunities. Really tune into what you are thinking before you allow the opinions of others to get in the way.
2. **The Key Communication Word for Intellectuals is Think.** This is the word that will help you to respond to life from your LightPaths, from your place of expanded energy. Here's how you and your loved ones can use this word to engage your LightPath instincts. Ask ...
 - What do I think?
 - What is the logical next step?
 - What is the logical outcome?
 - Have I taken enough time to think this through?
 - Is this what I think or someone else's opinion?

Simply using these LightPath or expanding energy words will put you in your light and help you interact and respond to life in a positive way.

3. **Taking Care of Yourself includes appropriate mental distractions** such as reading, podcasts, movies, guided meditations – positive experiences that engage your mind and allow for mental relaxation.



INTELLECTUAL expert

There are three Intellectual SolePaths, the Controller, Expert and Lateral Thinker.

Expert SolePath

As an Intellectual Expert you are a specialist. You acquire extensive knowledge that provides clarity and understanding to others. You are highly skilled and insightful in your field and work well alone. You like expert status and recognition, and why not, you have done the work, the study and the research.

Your Core Energy as an Intellectual Expert is: Desire to acquire Knowledge and Specialization in one or two fields. This Core Energy represents those positive core values deep within you that create an expansion of your energy; that create positive outcomes.

Being an Intellectual Expert means that you thrive on having intimate knowledge of your chosen field of interest. You never skim the surface but rather spend your time researching and specializing in the one or two topics that captivate you. The image is of a pyramid or triangle above your head, distilling the ideas and thoughts that flow from your research and learning into a peak of specialization.

One of the greatest energy tools we can use in life is an "I Am ..." statement. In ancient cultures, the word for God was the same as "I Am", that's just how powerful it is.

State:

"I Am an Intellectual Expert"

and read just how amazing you really are.

I respond to the world through my mind. I have a considerable intellect that may or may not have been served by the education system. When I trust my brain, I don't make mistakes. There isn't anything that I can't solve when I put my mind to it.

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Who am I?

I know more about one or two topics than anyone else. I am very intelligent and highly skilled and like to be recognized for what I know. I love to share my knowledge and skills and admit that I enjoy the attention and status that my expert knowledge brings to me. I may seem arrogant and dismissive of those I consider not as learned or as expert as myself. As Muhammad Ali said "I am the Greatest" and I feel the same way about my status in my field.

I am insightful when it comes to my own work and I live in my own world of ideas and theory. When I occasionally question my work, I worry that I haven't done enough to be considered an expert on that subject. On those days I also feel dissatisfied with my achievements.

I may be hard to get to know as I spend a lot of time in my mind. I don't really have much interest in people's feelings and others have difficulty getting to know me. I certainly have trouble with intimacy and with expressing my feelings – they seem so unimportant to me. I often forget to praise others and thank them for the things they do, but this doesn't mean that I don't appreciate them.

What am I doing here?

My Joy comes from acquiring extensive knowledge in a specialized field/s so that I can provide clarity and understanding to others.

I know that part of my purpose is to theorize, debate, study and research just for the joy of expanding the knowledge base, not only for practical application. I value intelligence, knowledge and efficiency and set high expectations for myself and for others.

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INTELLECTUAL expert

Here is a list of ALL of the great things that are true about you.

EXPERT SolePath Characteristics

Intellectual	Value intelligence and knowledge
Very intelligent	Value efficiency
Highly skilled	Insightful about my areas of interest
Love to share knowledge and skills	Live in my own world of ideas and theories
Enjoy expanding the knowledge base	Acquire extensive knowledge in a specialized field(s)
Like to theorize, debate, study and research	Provide clarity and understanding to others
Great joy from expanding the knowledge base	

More Easy Tools for integrating your Intellectual Expert into your life:

1. **I Am statement:** Remind yourself of who you were born to be. State: "I Am an Intellectual Expert".
2. **Core Energy:** Remember your gifts and greatness, which include your Core Energy as an Intellectual Expert: Desire to acquire Knowledge and Specialization in one or two fields.
3. **On SolePath.org:** Take a look at the LightPath Intellectual Expert summary.

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