



SolePath

dark performer CHARISMATIC

Your SolePath is your sub-conscious self, and it is the reason you behave the way that you do. Your SolePath governs your behaviour and regulates your response to everything that impacts your life.

Your SolePath is a braid of two LightPaths and one DarkPath and your DarkPath is Charismatic Performer.

Here's how it works ...



Charismatic
is the DarkPath
Category,
which is a guide to
how you interact
with the world;



Dark Performer
is the SolePath,
which harbours the
skills that cause your
energetic collapse.

Your Charismatic Performer DarkPath is entwined with two LightPaths.
Your LightPaths reveal your special, individual and completely unique gifts;
and your DarkPath is your place of personal growth.

Charismatic Category DarkPath

We are complex Beings aren't we and it is never more fully seen than in the role that your DarkPath Category plays in your life. On the one hand, there is so much about being a Charismatic that serves you – you are after all one of the world's 'sparkle' people – and on the other hand there is so much about being a dark Charismatic that trips you up.

When you are living your Charismatic Category from a place of collapsed energy, the overall negative attitude is Selfishness and a sense that it really is only about you.

You could easily delight us and light up our world, or use your big energy to shut out the light – even with the full knowing of what the impact is on those around you. You could use your incredible outgoing sensing and perception to amuse and enchant us, or to justify aggressive behaviour towards others.

Yet, when you are experiencing your Charismatic Category from a place of expanded energy, you contribute to our world with your sparkle, your light and your energy. You are fun and just make us all feel good.



Performer DarkPath

The Core Energy for the dark Charismatic Performer is being a selfish drama queen. Feeling that life is all about you, that you are the star of the show and creating drama wherever you go.

Easy Tools for transforming your Charismatic Performer DarkPath:

The biggest awareness that you can have is to identify whether you are responding to people and situations from your LightPaths or your DarkPath. Thankfully, it is quite simple - ANY negative reaction, thought or emotion is coming from a place of energetic collapse, and this is your Charismatic Performer DarkPath.

1. Use your LightPath 'I Am' statements, whenever you feel bad or are thinking bad thoughts. This will help you respond to the situation from your expanded energy.
State: I Am a (Category) ~ (SolePath) from either your Joyful or Progression SolePaths, whichever one feels right for the situation.
2. **Antidote:** As a dark Charismatic Performer your unhealthy need is to be noticed – all the time. Needing drama to keep you from being bored with the mundane. Your Antidote is to be supportive; to choose a supporting role. You don't always need to be the lead actor.
3. On SolePath.org, take a look at the LightPath Charismatic Category and listen to the Performer DarkPath audio summary.